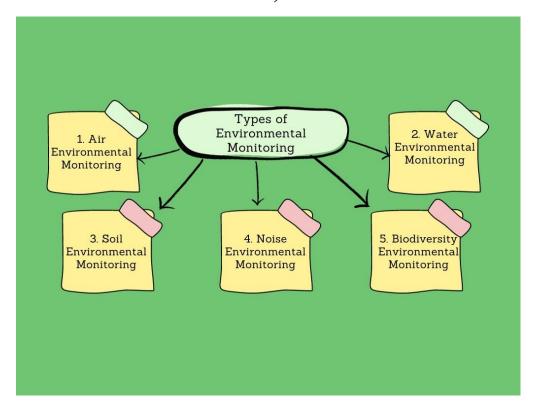


# **Building Electrical Installation Level V**

# **Based on December 2024, Curriculum Version 2**



**Module Title: Monitoring Construction Environment Process** 

Module Code: EIS BEI5 M03 1224

**Nominal Duration: 40 Hours** 

Prepared by: Ministry of Labor and Skill

December, 2024

Addis Ababa, Ethiopia

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# MINISTRY OF LABOR AND SKILLS

Document No: OF/MoLS/TVT/029

Title:

# **Monitoring Construction Environment Process**

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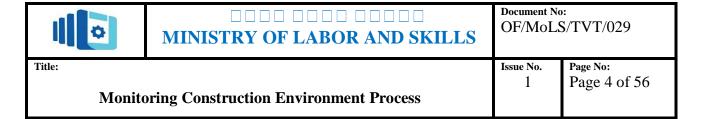
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# Acknowledgment

The Ministry of Labor and Skills (MoLS) would like to express its gratitude and appreciation to the teachers/trainers and experts from regional TVT bureaus, TVT colleges, and industry practitioners who contributed their expertise and experience in preparing this training module.

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#### Acronym

EPA Environmental Protection Agency

EMAS Eco-Management and Audit Scheme

ISO International Organization for Standardization

NEPA National Environmental Policy Act

SDG Sustainable Development Goals

EIA Environmental Impact Assessment

CEMP Construction Environmental Management Plan

EMP Environmental Management Plan

NPDES National Pollutant Discharge Elimination System

LEED Leadership in Energy and Environmental Design

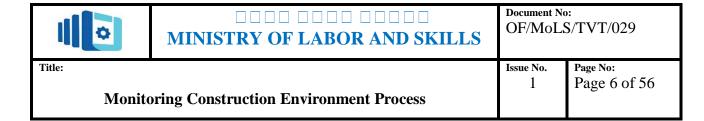
UNEP United Nations Environment Programme

GHG Greenhouse Gas

CSR Corporate Social Responsibility

WQM Water Quality Management

RCRA Resource Conservation and Recovery Ac



#### **Introduction to Module**

In building electrical installation field, Monitor Construction Environment Process is very important for the overall electrical installation work. It helps to understand environmental pollution, environmental management planning and practical and case studies. As global awareness of environmental issues continues to grow, the need for effective environmental management becomes increasingly critical. This module equips students with the knowledge and skills necessary to contribute to sustainable practices in various sectors.

This module is designed to meet the industry requirement under the building electrical installation occupational standard, particularly for the unit of competency: Monitor Construction Environment Process

#### This module covers the units:

- Environmental Management Planning
- Implementing construction Environmental Plan
- Construction environmental process monitoring

#### **Learning Objective of the Module**

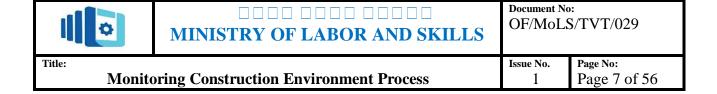
- Understand Environmental Legislation
- Implement Best Practices Environmental Process
- Develop and Communicate Environmental Management Plans
- Assess and Monitor Environmental Obligations
- Address On-Site Environmental Challenges
- Review and Enhance Management Plans

#### **Module Instruction**

For effective use this modules trainees are expected to follow the following module instruction:

- 1. Read the information written in each unit
- 2. Accomplish the Self-checks at the end of each unit
- 3. Perform Operation Sheets which were provided at the end of units
- 4. Do the "LAP test" giver at the end of each unit and
- 5. Read the identified reference book for Examples and exercise

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# Unit one: environmental management planning

This unit is developed to provide you the necessary information regarding the following content coverage and topics:

- Introduction to environmental monitoring
- Environmental legislation
- Construction pollution cause and effect
- best practice and benchmarking in construction environmental monitoring
- environmental impact of construction project
- environmental management plan

This unit will also assist you to attain the learning outcomes stated in the cover page. Specifically, upon completion of this learning guide, you will be able to:

- understand environmental monitoring
- Identify Environmental Legislation
- Implement Best Practices
- Assess Construction pollution cause and effect
- Address On-Site Challenges
- Develop an Environmental Management Plan
- Engage with environmental management plane

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#### 1.1. Introduction to environmental monitoring

Environmental monitoring encompasses methods and strategies for finding, analyzing, and establishing environmental parameters to identify and measure the effects of different operations on the environment. It is based on several testing and evaluation methodologies that provide critical information about the environment and potential danger levels. Environmental monitoring can regulate pollution levels, and trends can be discovered.

Environmental monitoring entails collecting any form of data that helps to demonstrate how the world around us acts, how it affects our lives, and how it may be regulated. Data from natural sources, such as rainfall or soil composition, as well as data from human or industrial operations, such as human waste or car emissions, are included in environmental monitoring data. Environmental monitoring is a function of an intelligent environment, a subset of the Internet of Things (IoT) that aspires to make people's lives more secure, comfortable, environmentally friendly, and productive. An IoT implementation focuses on a specific area of utilization in imaginative worlds, such as smart buildings, smart cities, smart retail, and smart industrial.

Environmental monitoring in the natural world focuses on air, soil, and water. Sensor networks and geographical information systems (GISs), for example, collect pollution, topographical, and meteorological data to analyze air contaminants in air monitoring. Water samples are analyzed in water monitoring to compare chemical, radiological, and biological data to population demographics. Soil grabs are tested for salinity, pollution, and acidity to analyze soil quality in farming and anticipate the possibility of erosion, flooding, and hazards to environmental biodiversity. Environmental monitoring in people's homes and urban neighborhoods involves data tracking and analysis, such as traffic magnitude, population demographics, security, shortages of goods and services, building and well-being of homes and urban development, and food security.

Environmental monitoring extends to global environmental monitoring. For example, greenhouse gas (GHG) monitoring. GHGs contribute to climate change, extreme weather, food supply disruptions, and health difficulties caused by smog and pollution. The most challenging task in smart settings is sifting through vast amounts of data that must be monitored, analyzed, and used proactively to provide answers to everyday problems.

What is the Goal of Environmental Monitoring?

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Environmental monitoring aids in comprehending and researching the complexities of the environment concerning polluting activities such as industrial activity. Companies and organizations must demonstrate that they have established specific activities and control mechanisms to monitor their environmental impact on the local environment. The purpose is to understand and limit the effects, to comply with environmental legislation, and to protect the environment and human health.

Companies must employ advanced environmental monitoring equipment while preparing an environmental impact assessment (EIA), which examines a proposed project's adverse effects on the surrounding environment. Thus, environmental monitoring is required before beginning commercial operations. Environmental monitoring parameters reveal how the ecosystem reacts to surrounding actions.

Environmental monitoring can be carried out in real-time or through samples. Real-time monitoring solutions are becoming more popular as the world becomes more digital. Real-time environmental monitoring software enables quick and accessible examination of critical environmental indicators, allowing for accurate decision-making. Environmental monitoring may provide crucial indications in real-time using modern AI (Artificial Intelligence) algorithms, allowing organizations to comprehend the direct impact of their activities. Air pollutants, turbidity in water, noise levels, and so on are examples of indicators. Environmental monitoring systems are a turning point in reducing environmental impact, saving the Earth, protecting public exposure to contaminants, and cutting costs as the globe uses more energy each year.

Types of Environmental Monitoring

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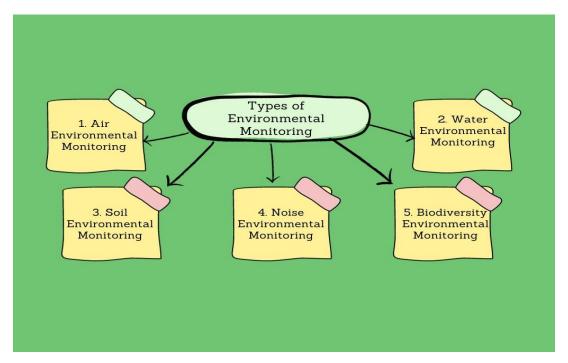


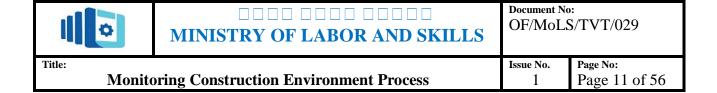
Fig 1.1. types of environmental monitoring

#### 1. Air Environment Monitoring

Air pollutants are hazardous to both human and environmental health. Businesses and organizations must comply with national air quality government rules because air quality is critical to human health. By linking software to sensors positioned in a desired location, air quality may be monitored in real-time. These sensors then monitor and report the quantities of major pollutants in the air, such as particulate matter, carbon monoxide, sulfur dioxide, nitrogen dioxide, and ozone. Air quality can also be monitored manually using stations that collect air particles before measuring them.

Air Sampling: Passive air sampling, or "diffusive" air sampling, relies on climate-related factors such as wind to move pollutants from the Earth's atmosphere to a solvent medium. Passive samplers, which include diffusion tubes, are small, silent, and easy to use, making them particularly useful in air quality investigations that identify areas that are important to be monitored by continuous monitoring. Air pollution can also be studied through biomonitoring, which employs organisms that build up air pollutants, including mosses, algae, lichens, fungi, and other types of biomass. One of the benefits of this sampling method is the capacity to collect data that can be quantified via assessments of organized molecules reflective of the physical environment from which they came. However, caution must be

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exercised in selecting the precise organism, how it spreads, and its relationship to the pollutant.

#### 2. Water Environment Monitoring

Water is crucial to life on Earth. Hence, all bodies of water must be regulated. Water must be safe, drinkable, and sanitary. Water bodies must also be clean for marine life and biodiversity to thrive. Water may be measured in real-time by linking sensors in bodies of water to software. These sensors can communicate when specific criteria are reached, such as dissolved oxygen, turbidity, bioindicators, nitrates, pH, chemical pollution, and water temperature. Water samples can also be gathered by hand and delivered to a laboratory.

#### 3. Soil Environment Monitoring

To identify or ensure suitability, soil monitoring entails collecting and analyzing soil and its related quality, components, and physical status. Compaction, pollution, organic material loss, biodiversity loss, slope stability difficulties, erosion, salinization, and acidification are all soil challenges. Soil monitoring aids in the identification of these and other possible dangers to the soil, surrounding habitats, animal health, and human health. Assessing these threats and other soil concerns can be difficult due to several variables, including soil heterogeneity and complexity, a lack of toxicity data, understanding a contaminant's fate, and variability in soil screening levels. This necessitates an approach to risk assessment and analysis procedures that prioritize environmental protection, risk reduction, and, if necessary, repair solutions.

Soil Sampling: Grab sampling and composite sampling are the two primary forms of soil sampling. Grab sampling is gathering a single sample at a specified time and location. In contrast, composite sampling is the collection of a homogenized combination of many individual samples at either a single location across multiple times or numerous sites at a single time. Soil sampling can occur at shallow ground levels and deep in the ground, with collection methods differing depending on the level gathered from. Scoops, augers, core barrels, solid-tube samplers, and other equipment are utilized at shallow ground levels, whereas split-tube, solid-tube, or hydraulic methods may be used in deep ground.

#### 4. Noise Environment Monitoring

Noise may be measured for both marine and terrestrial life. Cetaceans use noises in the same way as humans do. For example, if there is excessive noise pollution, whales cannot

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communicate, putting them at risk. On land, noise can affect wildlife habitats and human quality of life. Software attaches to sensors and displays real-time noise levels to gauge sound in the sea and on land. Noise level limits are set to a value beforehand so that organizations understand how much noise they can make. Noise monitoring in the marine environment protects sea life, whereas noise monitoring on land protects residents near industrial areas like ports and airports.

# 5. Biodiversity Environment Monitoring

Biodiversity refers to the presence of species populations on Earth. Climate change is further reducing plant and animal biodiversity. Biomonitoring demonstrates directly how our activities affect the ecosystem due to biodiversity reactions. Various animal and plant species are watched throughout time to create an understanding of how actions may influence them.

#### 1.2. Environmental Legislation

The environment consists of the air we breathe, the plants and animals around us, the land on which we stand, the water that quenches the earth's needs, and much more. It is everything that surrounds us. Hence, it probably isn't wrong to say that we humans are nothing without a protected environment. However, as we know, pollution in recent times is taking a toll on the environment. As we look around, the failure to protect the environment is evidently retaliating against us in the form of deadly diseases and unfavourable living conditions. To prevent the environment from falling apart further, the government takes measures in the form of environmental legislation.

Environment legislation is the collection of laws promulgated to specifically govern various aspects of the environment like air, water, forest, wildlife, etc.

Environmental legislation may be either national or international. National environmental legislations are in the form of Acts, Rules, Regulations, etc. In the international arena, it is concise in Conventions, Treaties, Protocols, etc.

#### 1.2.1 Components of Environmental Legislation

The component-specific promulgation of laws is important to identify and tackle specific issues to the environment. Unspecific laws are vague, hence raising confusion and letting environmental offenders escape through legislative loopholes. There are various components based on which any environmental legislation is framed; the components are as follows:

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#### A. food

Food is one of the necessities of living. In the absence of a legally regulated system, the production and management of food may go haywire. Mismanagement of food may result in catastrophic effects on the food sustainability in the country. Food-related environmental legislation (often called "food laws"), regulates the harvest, storage, trade, and distribution of food. Such legislation is also required to establish minimum safety standards relating to varied aspects of food management.

#### B. Waste management

Waste management is the process by which the waste generated by various sources like households and industries is managed, from its genesis to removal from the environment. It involves garbage collection, segregation, transportation, storage, and processing. Based on the ability to naturally break down, waste is classified as biodegradable and non-biodegradable.

#### C. Water reserve

Water, the elixir of life, is as important for non-consumption purposes like irrigation as it is for internal consumption. Though it is a renewable resource, the rising climate change phenomena have disturbed the desired pattern and amount of rainfall. So, the water reservation and distribution is one of the key areas addressed by environmental legislation, to ensure its available to satisfy the present and future needs of every citizen. Facilitating the availability of adequate contamination-free potable water is also crucial in preventing the spread of water-borne diseases. Establishing a proper water drainage system is another aspect dealt with by water-related legislation.

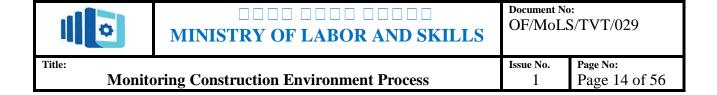
#### **D.** Pollution control

The rise of pollution in recent times has pushed governments to rapidly promulgate effective national pollution control legislation. Generally, such legislation focuses on aspects like effluents or emission control, the use of environment-friendly materials, etc.

#### E. Mining

Mining affects both the present and the future generations since underground-occurring minerals and coal are non-renewable resources. So, stringent mining-related environmental legislation is required to not just achieve sustainable development but also control pollution.

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#### 1.3. Construction pollution cause and effect

All of us have walked past a construction site and coughed our lungs out or have had our eyes start itching due to the immense amount of dust and other kinds of toxins in the air. Even though there have been several experiences like these, have you ever thought about how this dust and toxins affect the environment? What are the activities during construction that cause this pollution? Could pollution from construction and demolition be causing any harm to our atmosphere?.

Construction pollution is mainly the pollution on the sites of construction and demolition by various construction activities. It may be in the form of air pollution, noise pollution, water pollution, or soil pollution, depending on the nature of the activities being practiced at the site. Dust pollution is a major variant of construction pollution and can be witnessed most readily.

### Activities that are causing construction pollution

There are a number of causes of pollution at any construction site, and we will identify the main causes for you:-

#### 1. Air Pollution from Construction

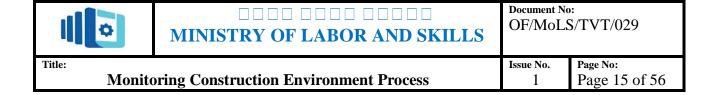
#### 1. Dust Pollution

Dust pollution on construction sites is a very common and dominating phenomenon. Different kinds of dust are present in humongous amounts at a construction site. Dust piles are often at the sites from which the winds carry them and travel to other parts of the city or state, increasing pollution areas in other areas also. Wooden dust can also be found, which is due to the grilling and drilling of the wood during construction. Last but not least, any and every material that was used in the building for its construction, gets amalgamated as particulate matter in the air during the demolition of the building. This can also include silica dust and other toxic fibers that will have long-term effects on your lungs upon breathing.

#### (b) Emissions from Construction Machines

A lot of heavy-type vehicles are used during construction that run on diesel. There are a number of machines like the excavator, crane, bulldozers, and cement mix trailer. This construction machinery emits a large number of CO2, SO2, and CO into the air. The

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emissions from this heavy-duty machinery are worse than our usual vehicles as they have no proper emission control system and thus are a bigger concern to the environment.

#### 2. Large Amount of Energy Usage

A large amount of energy usage has been detected at the construction sites, and as we all know, producing energy causes air pollution. The construction industry has been a user of 40% of the energy used in the world,

#### 2. Noise Pollution

Noise pollution is simply the loud noises caused by the heavy-duty machines, the falling of heavy material during demolition, and the generators also create a lot of noise. All of this combined makes any construction and demolition site a hotspot for noise pollution.

#### 3. Water Pollution

Throwing the toxic waste from construction into water bodies causes water pollution. Common liquids like cement, paint, and glue are some of the things that can be found in the liquid waste at construction sites.

**construction pollution affected human:** Often we are mistaken that construction pollution is something that doesn't affect us or the environment. Mostly, people don't even realize that pollution due to construction contributes majorly to the total pollution count.

Excessive noise pollution can be a cause of increased blood pressure and hearing loss among residents near construction sites. Air pollution caused by construction and demolition can have long-term health effects on the workers, and this pollution will not only have harmful effects on people around the construction sites but it gets carried by the wind and decreases the air quality of any area it gets transported to. Let's take Delhi's example.

#### 1.4. Best Practices & Benchmarking in construction environmental monitoring

#### 1.5.1. Benchmarking in Construction

Benchmarking plays a crucial role in the construction industry, offering a multitude of benefits for companies and projects. Here are some key reasons why benchmarking is important in construction:

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**Monitoring Construction Environment Process** 

**Identifying areas for improvement:** Benchmarking allows construction companies and projects to identify areas where they can improve their performance. By comparing their own metrics to industry benchmarks or best practices, they can identify gaps and weaknesses and develop strategies to address them. This leads to enhanced efficiency and effectiveness in various areas such as project management, cost control, quality assurance, and safety.

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**Setting realistic goals:** Benchmarking provides a frame of reference for setting realistic and achievable goals. By understanding industry benchmarks and the performance of top-performing companies or projects, construction companies can establish ambitious yet attainable objectives. This helps drive continuous improvement and motivates teams to strive for excellence.

**Enhancing decision-making:** Benchmarking provides valuable data and insights that contribute to informed decision-making. By analyzing the performance of similar projects or competitors, construction companies can make more accurate assessments and anticipate potential challenges. This allows for proactive decision-making, reducing risks and increasing the likelihood of project success.

**Improving competitiveness:** Benchmarking helps construction companies gain a competitive edge. By studying the practices and strategies of industry leaders, companies can adopt best practices and innovative approaches. This enables them to differentiate themselves from competitors, attract clients, and secure more projects. Additionally, benchmarking fosters a culture of innovation and continuous learning within the organization, positioning the company as a leader in the industry.

**Driving efficiency and productivity:** Benchmarking promotes efficiency and productivity improvements in construction projects. By identifying areas of inefficiency or bottlenecks and benchmarking against industry standards, companies can streamline processes, optimize resource allocation, and reduce costs. This leads to improved project timelines, reduced waste, and increased profitability.

**Encouraging collaboration and knowledge sharing:** Benchmarking facilitates collaboration and knowledge sharing within the construction industry. It enables companies to learn from each other and exchange best practices, ultimately raising the overall level of performance and professionalism across the industry. This collaboration can lead to innovative solutions, improved industry standards, and mutually beneficial partnerships.

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Overall, benchmarking is vital in the construction industry as it provides a framework for improvement, enhances decision-making, drives competitiveness, improves efficiency, and fosters collaboration. By harnessing the power of benchmarking, construction companies and projects can strive for excellence and achieve sustainable success in a dynamic and demanding industry.

#### 1.5.2. Types of benchmarking in construction

Benchmarking in construction can take various forms depending on the scope and purpose of the benchmarking exercise. Each type of benchmarking offers unique insights and benefits. Here are the main types of benchmarking commonly used in the construction industry:

- 1. **Internal Benchmarking:** Internal benchmarking involves comparing different projects or departments within the same construction company. It allows companies to identify best practices, areas of improvement, and successes that can be replicated across different projects or departments. Internal benchmarking is particularly helpful for large construction firms with multiple projects, enabling them to leverage their internal expertise and knowledge to drive performance improvements.
- 2. **Competitive Benchmarking:** Competitive benchmarking involves comparing the performance of a construction company or project against its competitors. It provides valuable insights into areas where the company or project is lagging behind the competition and highlights opportunities for improvement. By analyzing the strategies, processes, and outcomes of industry competitors, construction companies can identify best practices and competitive advantages that can be adopted to enhance their own performance.
- 3. **Functional Benchmarking:** Functional benchmarking focuses on comparing specific functions or processes within a construction company or project to those of other companies or projects known for excellence in that particular area. This type of benchmarking allows construction companies to identify and adopt best practices in specific areas such as project management, procurement, scheduling, cost control, quality assurance, and safety. Functional benchmarking helps drive improvements in specific functions, resulting in overall performance enhancement.
- 4. **Generic Benchmarking:** Generic benchmarking involves comparing performance metrics against industry-wide or recognized industry standards. This type of benchmarking provides a broader perspective on performance by comparing against established industry norms. It

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allows construction companies to assess their performance in relation to industry benchmarks and identify areas where deviations from industry norms can be improved. Generic benchmarking helps construction companies stay informed about industry trends and best practices and ensure they are aligned with industry standards.

5. **International Benchmarking:** International benchmarking involves comparing the performance of construction companies or projects across different countries or regions. This type of benchmarking is particularly useful for construction companies involved in international projects or seeking to expand their operations globally. By comparing performance metrics and practices on a global scale, companies gain a broader perspective and can identify innovative solutions and practices from around the world.

These different types of benchmarking can be used individually or in combination depending on the specific goals and areas of focus for the construction company or project. By employing various types of benchmarking, construction companies can gain comprehensive insights into their performance and leverage best practices from across the industry to drive continuous improvement and achieve sustainable success.

#### **Steps in the Benchmarking Process**

The benchmarking process in construction consists of several key steps that guide the implementation and execution of a benchmarking initiative. Following these steps ensures a structured approach and maximizes the benefits derived from the benchmarking exercise. Here are the main steps in the benchmarking process:

- 1. **Identify the Benchmarking Objectives:** The first step in the benchmarking process is to clearly define the objectives of the benchmarking exercise. This involves determining what area of the construction project or company needs improvement and what specific metrics or KPIs should be benchmarked. Identifying the benchmarking objectives provides clarity and focus for the subsequent steps.
- 2. **Research Benchmarking Sources:** Once the objectives are established, the next step is to gather information and identify potential benchmarking sources. This includes researching industry publications, industry associations, research institutions, and other relevant sources for benchmarking data and best practices. It is important to collect relevant and reliable data from credible sources.

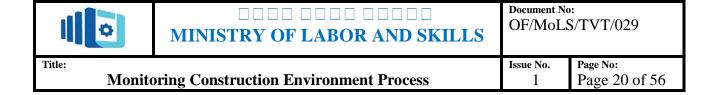
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- 3. **Select the Benchmarking Partners:** After researching benchmarking sources, construction companies need to select appropriate benchmarking partners. Benchmarking partners can be top-performing companies in the industry, projects that have achieved exceptional results, or even companies from other industries that have adopted innovative practices applicable to the construction industry. The selected partners should align with the benchmarking objectives and provide valuable insights and best practices.
- 4. Collect and Analyze Data: Once the benchmarking partners are selected, the next step is to collect and analyze the necessary data. This requires gathering performance metrics and relevant information from both the internal company data and the benchmarking partners' data. The collected data should be analyzed to identify gaps, trends, and areas for improvement. It is crucial to ensure data accuracy and reliability during this step.
- 5. Compare and Benchmark: After collecting and analyzing the data, the next step is to compare the performance metrics against the benchmarking partners and industry standards. This allows for a comprehensive assessment of the company's performance and identifies areas where performance is below the desired benchmarks. The comparison helps in understanding the gaps and areas for improvement.
- 6. **Implement Improvement Strategies:** Based on the benchmarking results, the next step is to develop and implement improvement strategies. These strategies may include adopting best practices, implementing process changes, providing additional training, or adopting innovative technologies. The improvement strategies should be tailored to the specific needs and objectives identified during the benchmarking process.
- 7. Monitor and Evaluate: Once the improvement strategies are implemented, it is important to monitor and evaluate their effectiveness. Ongoing monitoring allows construction companies to track progress, measure the impact of the implemented strategies, and identify any necessary adjustments. Regular evaluation ensures continuous improvement and enhances the effectiveness of the benchmarking process.

Construction Pollution Grappled the City of Delhi: Delhi is the most polluted capital city in the world according to WHO (World Health Organization) and according to DPCC (Delhi Pollution Control Committee), 30 percent of the total pollution in Delhi is due to construction. Delhi's air quality has been affected a lot by this 30 percent increase. Research by IIT Kanpur revealed that a simple procedure of mixing concrete approximately contributes

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to 10% of the particulate matter PM2.5 present in Delhi. During incidents like the Great Smog of Delhi, banning construction activities for a few days has always been one of the ways to curb the excessive amount of particulate matter in the air. The Ministry of Environment, Forest, and Climate Change has taken some steps and put up guidelines for all the construction sites. This includes 24×7 monitoring of the particulate matter and sending the data for the government to monitor and usage of tools to curb the dust pollution when the PM2.5 sensors show high levels of particulate matter in the air.

## 1.5. Environmental Impact of Construction Projects

Looking at the list of construction materials above, we can already tell that construction materials have an environmental impact on our surroundings. Also, construction activities onsite and off-site effect the environment. Here are some of the environmental impacts of the construction industry:

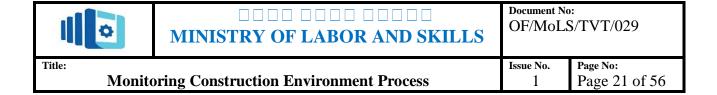
- Climate change
- Water pollution
- Noise pollution
- Environmental pollution from construction wastes
- Excessive mining of raw materials
- High energy usage

#### 1.5.1. Climate change

The construction sector contributes to air pollution, which in turn degrades the ozone layer, causing rapid global warming. According to statistics provided by the Global Status Report for Buildings and Construction in 20195, the United States produces up to 40% of carbon dioxide emissions.

All stages of the construction process produce a high amount of carbon emissions. The construction process ranges from manufacturing building materials to transportation and onsite building, machinery, and so on. Many of these processes have high energy needs; for example, think of all the machinery powered by fossil fuels required to source timber and metal for many construction projects, all contributing to air pollution and greenhouse gases.

Besides releasing carbon dioxide, construction projects also release a bunch of other pollutants into the atmosphere. These pollutants mainly contain cement, wood, and stone



debris. Construction and demolition debris enter the air at construction sites and reduce air quality. Over time people inhale these toxic elements into their bloodstreams, causing health problems.

#### 1.5.2. Water pollution

Another environmental impact of construction is water pollution. Demolition debris from construction impacts water in the local environment. Toxic chemicals, cement, adhesives, paint, sand debris, and oil wash into local water sources like lakes, rivers, dams, and reservoirs. Plants, animals, and humans interact and ingest these contaminated water bodies, leading to health problems like cancer.

Furthermore, construction firms conducting mining projects to extract raw materials cause water pollution. Soil exposed to water pollution poses a threat to the plant and animal ecosystem because of the soil. Water pollution also impacts construction projects because they require tons of clean water. Construction firms must devise measures to reduce water pollution in the environment.

#### 1.5.3. Noise pollution

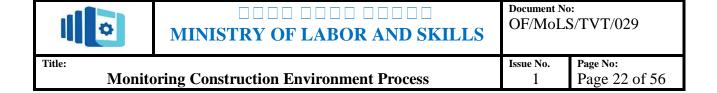
Construction sites produce a lot of noise during their activities because construction workers use heavy machines and equipment. In the official categorization of noise pollution, construction sites are in the neighborhood noise category7. If the construction site is in a populated area, it causes sleep deprivation for the residents. It can also lead to high-stress levels.

However, the noise affects construction workers more because they are around the noise for long hours. It can lead to a total or partial loss of hearing. It can also lead to startling reactions, high anxiety levels, and cardiovascular issues. Noise from a construction site also affects animals by disrupting their sleep cycles.

#### 1.6. Environmental Pollution from Construction Wastes

Construction waste is any form of debris from building, renovation, or demolition done on construction sites. Construction waste products range from large sizes to minuscule volumes. In 2018, the United States recorded 600 million tons of construction and demolition waste6. These statistics show that construction companies are responsible for the majority of the

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waste in our environment today. Some examples of construction waste are concrete, bricks, ferrous metal and non-ferrous metal, plastic, and other waste products.

Some construction firms do not dispose of waste properly, thereby increasing environmental pollution. Construction industries should strive to reduce waste from their projects and dispose of them properly. They should focus on recycling some valuable materials instead of turning them into landfill waste.

#### A. Excessive mining of raw materials

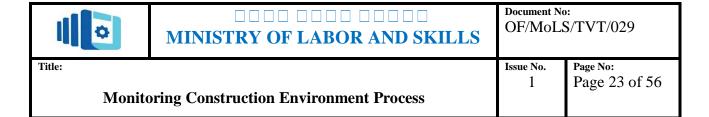
Construction projects require large quantities of raw materials to complete building structures. These raw materials are sand, gravel, clay, calcium carbonate, water, aggregate, wood, iron, bitumen, aluminum, and fuel for vehicles. Worldwatch institute records show that construction companies consume 40% of the world's natural stones, sand, and gravel. It also uses up to 25% of virgin wood yearly3.

However, these natural resources are at risk of depletion because of the high rate at which construction companies build infrastructures. The construction sector is one of the world's highest consumers of raw materials. And if construction volumes continue to draw on non-renewable resources, depletion becomes inevitable.

#### B. High energy usage

Construction sites require a ton of energy because they perform lots of activities. Some of these activities include:

- Concrete pouring
- Site clearing
- Builders transporting to the building site
- Waste removal
- Crane operation
- Diesel for transporting materials and operations
- Lighting
- Evacuation and filling

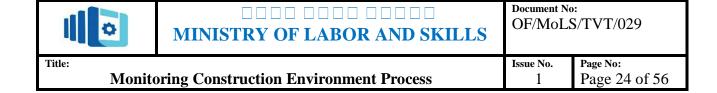


The construction industry contributes 36% of global energy usage1. Without more measures to reduce the amount of energy construction projects consume will lead to an unbearable amount of greenhouse gas production.

Further, the resulting residential and commercial buildings consume more energy because of the increase in floor area, space heating, lighting, and appliances. The energy levels for lighting and appliances are close to 18EJ. Also, energy rates for space are the highest at 42EJ. This fact remains despite efforts to promote and mandate energy-efficient buildings.

Pollution is an undesirable change in physical, chemical and biological characteristics of our land, air or water caused by excessive accumulation of pollutants (i.e. Substances which cause pollution).

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#### Self-check 1.1

**Directions:** Answer all the questions listed below.

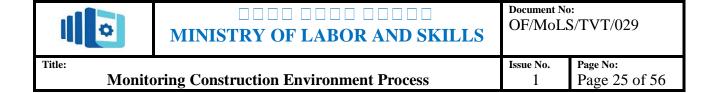
#### Part-I: Choose the correct answer from the given alternatives

- 1) Why is regulatory compliance important in construction monitoring?
  - A) A) It prevents accidents.
  - B) B) It ensures adherence to environmental laws and avoids penalties.
  - C) C) It enhances stakeholder engagement.
  - D) D) It increases project costs.
- 2) What role does monitoring play in risk management on construction sites?
  - A) It identifies financial risks only.
  - B) It helps to identify hazards and prevent accidents.
  - C) It focuses solely on environmental impact.
  - D) It eliminates the need for safety protocols.
- 3) How does monitoring contribute to environmental protection in construction?
  - A) By reducing project costs.
  - B) By minimizing environmental impacts and promoting sustainable practices.
  - C) By speeding up project timelines.
  - D) By increasing the amount of waste generated.
- 4) What does monitoring ensure regarding construction materials?
  - A) They are the cheapest available.
  - B) They meet specified quality standards and perform as intended.
  - C) They are delivered on time.
  - D) They are sourced locally.
- 5) How can monitoring foster better relationships with stakeholders?
  - A) By providing regular updates and demonstrating transparency.
  - B) By reducing project costs.
  - C) By ensuring that all work is done on weekends.
  - D) By increasing the duration of the project.

#### Part II: Fill in the blank space

1)	Monitoring in construction is essential for ensuring compliance with
	environmental laws and regulations.
2)	One of the key roles of monitoring is to identify and prevent accidents on
	construction sites.
3)	Regular monitoring helps minimize environmental impacts, contributing to
	practices in construction.
4)	Monitoring ensures that construction materials meet specified standards,
	reducing the likelihood of defects.

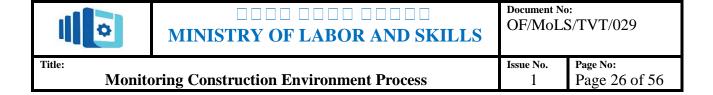
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5) Access to real-time data allows project managers to make informed \_\_\_\_\_\_\_\_ optimizing construction practices.

#### Part-III: Answer the following questions accordingly.

- 1. What is the primary purpose of environmental monitoring in construction?
- 2. Name two key environmental aspects that should be monitored during construction projects.
- 3. How does monitoring help improve worker safety on construction sites?
- 4. What role does monitoring play in ensuring compliance with environmental regulations?
- 5. Explain how data gathered from monitoring can contribute to continuous improvement in construction practices.



# **Unit Two: Implementing construction Environmental Plan**

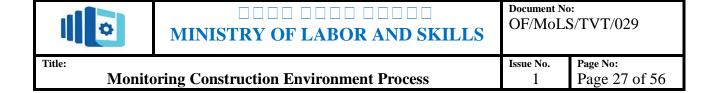
This unit is developed to provide you the necessary information regarding the following content coverage and topics:

- Environmental Data Gathering Systems
- New project evaluation
- Ongoing evaluation
- Environmental management plane

This guide will also assist you to attain the learning outcomes stated in the cover page. Specifically, upon completion of this learning guide, you will be able to:

- Identify Key Environmental Data Gathering Systems Parameters
- Establish project evaluation technique
- Create a Comprehensive environmental management plane
- Develop ongoing evaluation skill

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#### 2.1. Environmental Data Gathering Systems

Environmental data" is any recorded information that gives us information on the state of our environment. That runs the gamut from weather forecasts, alerts and warnings to climate monitoring, to estimates of arable land or rainforest based on satellite imagery, to analysis of water samples taken along river systems, to tracking information from GPS transmitters attached to wild animal species, to recycling and waste data collected at construction projects, to energy use at homes or businesses or public facilities.

#### 2.1.1 Sources of environmental data

Environmental data can be collected from a very wide variety of sources, including

Statistical or informal surveys (e.g., censuses or sample surveys of population, housing, agriculture, enterprises, households, employment, and different aspects of environment management). A great collection of sample environmental surveys can be found at the UN Statistics Division. Here are just a small number of examples:

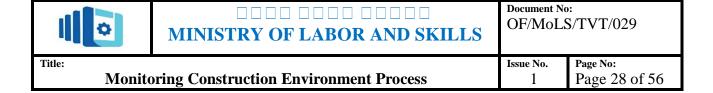
Scientific research and special research projects that might utilize any of the methods listed above, in additional to historical analysis and other tools. One of the most interesting and, well, fun, is the Google Environmental Insights Explorer, which lets you view environmental data and estimates for cities and regions around the world. Want to know the estimated transportation emissions for Sydney, Australia? This is a good place to start. Monitoring systems (i.e., field-monitoring stations for water quality, air pollution, temperature, etc.) A good example can be found at the Bulgarian Institute of Electrochemistry and Energy Systems (Google translated page), which provides access to webcams and sensor data from hundreds of sensors.

#### 2.1.2 Environmental Data Collection Methods

Of course, the method used for collection of environmental data depends on the type of data required, and this will vary greatly. Weather data, for example, will require access to on-the-ground sensors (or human reporters) or satellite observations, while data on fish catches, as another example, will probably depend heavily on form-based field data collection at ports or aboard fishing vessels.

Note that even in this age of satellites and electronic sensors, there is still a great deal of data that is collecting through interviews and questionnaires. And even when the data is already recorded, the chances are high that it is recorded in logbooks that are paper-based (yes, this

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is still very common) or, even if electronic, not conducive to easy transfer to the data collector's computer system. And this is where electronic mobile data collection continues to play a major role in environmental data collection.

#### 2.1.3 Environmental Compliance data

For many companies, including in construction and manufacturing, it's important — and often a legal requirement to document environmental impact and processes on a routine and continuous basis. Data can be used to document:

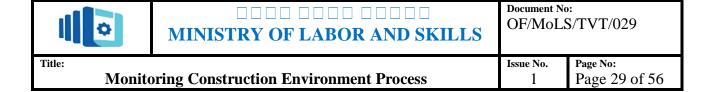
- corporate sustainability processes
- waste management
- environmental remediation progress
- status of equipment

#### 2.1.4 Environmental Data Collection Software

Many organizations working to collect environmental data via surveys and interviews and questionnaires rely on reliable and easy-to-configure electronic tools like Magpi to make the move from paper-based forms to digital. Those electronic tools need to be:

- Inexpensive generally moving from paper to electronic should create a net cost savings, but results vary drastically depending on the software
- Easy to configure nowadays, no one worries about "configuring" an app we
  download to our phone: we just download it and start using it. It can be a shock, then,
  to find that professional data collection tools often need the services of professional
  staff to get them up and running. With Magpi, most users can easily create their own
  forms and them into the field in no time and our free Magpi tech support is there
  whenever it is needed.
- Easy to use just as with configuration, you want a tool that can be put to use with a minimum of training and a maximum of speed
- Dependable Magpi's just about the longest-running mobile data collection out there, having been established nearly 20 years ago, with a data-loss-free record
- Real-time the benefit of the soaring cell coverage rates in recent years is the
  diminishing chance that data collectors will find themselves "out of range." Tools
  like Magpi are perfectly able to store data collected offline, of course, but optimal

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results can be seen when data is uploaded into your system, and your reports, the moment it is collected

• Connectable — Magpi has built-in reporting and analytic tools (view a sample), but we recognize that our users need to connect to a huge range of external tools. Maybe those include storage tools and databases like Microsoft OneDrive, or Amazon S3, or SQL Server. Maybe visualization must-haves like PowerBI or Tableau or Plecto. Maybe you want to do some basic analysis with a spreadsheet like Excel or Google Sheets? Or run a quick report with Word or Google Docs? Never fear: Magpi connects. And usually in minutes, without a single line of code.

#### 2.2. New Project Evaluation

Managing a project with copious moving parts can be challenging to say the least, but project evaluation is designed to make the process that much easier. Every project starts with careful planning—this sets the stage for the execution phase of the project while estimations, plans and schedules guide the project team as they complete tasks and deliverables.

But even with the project evaluation process in place, managing a project successfully is not as simple as it sounds. Project managers need to keep track of costs, tasks and time during the entire project life cycle to make sure everything goes as planned. To do so, they utilize the project evaluation process and make use of project management software to help manage their team's work in addition to planning and evaluating project performance.

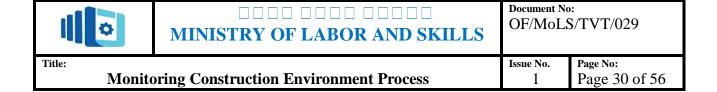
#### **2.2.2** Project Evaluation

Project evaluation is the process of measuring the success of a project, program or portfolio. This is done by gathering data about the project and using an evaluation method that allows evaluators to find performance improvement opportunities. Project evaluation is also critical to keep stakeholders updated on the project status and any changes that might be required to the budget or schedule.

Every aspect of the project such as costs, scope, risks or profitability is measured to determine if it's proceeding as planned. If there are road bumps, this data can inform how projects can improve.

Basically, you're asking the project a series of questions designed to discover what is working, what can be improved and whether the project is useful. Tools such as project dashboards and trackers help in the evaluation process by making key data readily available.

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Project						
Project	Manager					
Date Pro	epared					
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				_	Risk Owner	Notes
iisk Trac ID	Description		Risk	_		Notes
ID	Description of Risk	Impact	Risk Response	Risk Level	Owner	Notes

2.2.2.evaluation

The project evaluation process has been around as long as projects themselves. But when it comes to the science of project management, project evaluation can be broken down into three main types or methods: pre-project evaluation, ongoing evaluation and post-project evaluation. Let's look at the project evaluation process, what it entails and how you can improve your technique.

#### **2.2.3** Project Evaluation Criteria

The specific details of the project evaluation criteria vary from one project or one organization to another, depending on many factors such as the organization's risk tolerance, project management maturity, strategic planning among many others.

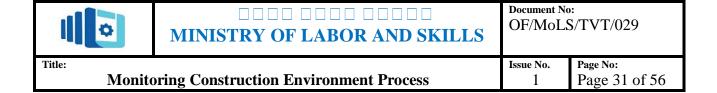
In general terms, a project evaluation process goes over the project constraints including time, cost, scope, resources, risk and quality. In addition, organizations may add their own business goals, strategic objectives and other project metrics.

#### **2.2.4** Project Evaluation Methods

There are three points in a project where evaluation is most needed to approve and select and prioritize project proposals, to monitor the health of a project while it's being executed and lastly, at the project closure phase to document lessons learned. While you can evaluate your project at any time, these are points where you should have the process officially scheduled.

## 1. Pre-Project Evaluation

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The pre-project evaluation is the process of evaluating multiple project proposals during the project intake process, in which the project management office (PMO) of an organization and key project stakeholders establish a project selection and prioritization criteria to determine which of them have the best cost-benefit ratio and are better aligned with the larger strategic, operational and business objectives of the organization.

In a sense, you're also pre-evaluating your project when you write your project charter to pitch to the stakeholders. You cannot effectively plan, staff and control a new project if you've first not evaluated it. Pre-project evaluation is the only sure way you can determine the effectiveness of the project before executing it.

#### 2. Ongoing Project Evaluation

To make sure your project is proceeding as planned and hitting all of the scheduling and budget milestones you've set, it's crucial that you constantly monitor and report on your work in real-time. Only by using project metrics can you measure the success of your project and whether or not you're meeting the project's goals and objectives. It's strongly recommended that you use project management dashboards and tracking tools for ongoing evaluation. It's also important to consider what enterprise environmental factors are affecting the project's progress and develop strategies to mitigate their effects.

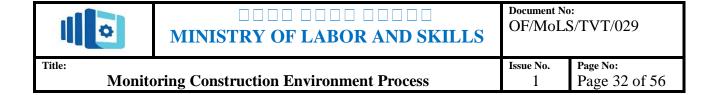
#### 3. Post-Project Evaluation

Think of this as a postmortem. Post-project evaluation is when you go through the project's paperwork, interview the project team and principles and analyze all relevant data so you can understand what worked and what went wrong. Only by developing this clear picture can you resolve issues in upcoming projects. Post-project evaluation is especially important for project-based organizations with multiple projects in their portfolio, as lessons learned from one project can be used in upcoming projects and programs.

#### 2.3. On Going Evaluation

Ongoing evaluations happen during the project lifecycle. Regular status reports track progress against the project plan, budget, and deadlines. Any deviations or issues are identified and corrective actions can be taken promptly. This allows projects to stay on track and make adjustments as needed.

Ongoing evaluation is a continuous process that involves systematically assessing a project's performance, effectiveness, and outcomes throughout its lifecycle. It focuses on monitoring



progress, identifying areas for improvement, and making informed decisions based on realtime data and feedback. Key Components of Ongoing Evaluation

**Continuous Monitoring** regularly track project activities and progress against established goals and benchmarks. Use performance indicators to assess whether objectives are being met.

**Data Collection** gather qualitative and quantitative data from various sources (e.g., surveys, interviews, reports). Use tools such as dashboards and performance metrics for effective tracking.

**Feedback Mechanisms** implement systems for collecting feedback from stakeholders, including team members, clients, and community members. Use this feedback to understand challenges and successes.

**Adaptive Management** analyzes evaluation findings to make timely adjustments to project strategies and processes. Foster a flexible approach that allows for changes based on emerging needs or challenges.

**Reporting and Communication** regularly communicate evaluation results to stakeholders to maintain transparency and accountability. Use reports to highlight successes, challenges, and recommendations for improvement.

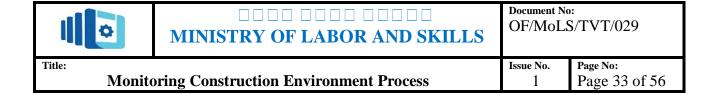
#### **Benefits of Ongoing Evaluation**

- Improved Decision-Making: Provides data-driven insights that inform strategic decisions and resource allocation.
- Enhanced Accountability: Ensures that all stakeholders are aware of progress and outcomes, fostering a sense of responsibility.
- Increased Effectiveness: Identifies areas for improvement, leading to more effective project management and execution.
- Stakeholder Engagement: Involves stakeholders in the evaluation process, increasing buy-in and collaboration.

#### 2.4. Environmental Management Plan

An Environmental Management Plan or EMP is a key tool to ensuring appropriate management practices are implemented during your project or operations. An effectively implemented EMP will ensure compliance with legislation and approval conditions as well as implementing best practice environmental management.

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An EMP describes how your project or operations may impact on the environment and sets commitments on how these impacts will be avoided, minimized and managed so that they are environmentally acceptable.

An Environment Management Plan (EMP) identifies the actual and potential environmental risks that may be caused by the project or operation and identifies controls to manage these risks before they result in environmental harm.

The size and the complexity of a project will influence how the EMP is developed, that is the format of the plan and level of information that is included.

For small projects, such as projects small in area with no complex environmental issues, the structure of the EMP may be organized into checklists or tables. For large projects, such as multiple sites and/or complex environmental issues, multiple plans or tables may be required based on each stage; each site or operation; and/or environmental issues.

#### 2.4.1. Key Components of an EMP

Described below are the four key components of an Environmental Management Plan:

#### 2) Background

This section sets the context of the project and the management plan. This typically includes the following information:

- Introduction: a brief description of the project's background.
- Project Description: define the nature and scope of the project which may include location, activities and timing/scheduling.
- Objectives: this relates to the overall project and environmental best practices.
- Environmental Policy: overarching environmental commitments.

#### 3) Environmental Management

This section sets the requirements and processes for implementing the management plan and includes: Environmental Management Structure and Responsibility: organizational structure responsible for environmental management for the project.

Approvals and Regulation Requirements: tables or lists of relevant legislation, conditions of approvals or consent, and any other requirements such as stakeholder agreements, environmental management system requirements, etc.

Reporting: description of reporting requirements including under legislation, construction monitoring, non-compliance and auditing.

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Environmental Training: both general environmental awareness training and training about their responsibilities under the EMP.

Emergency Contacts and Response: procedures to be followed in the event of an environmental emergency.

#### 4) Implementation

The section identifies the environmental risks of the project and how they will be managed. This typically includes the following steps:

- List all of the activities to be undertaken
- Identify the actual and potential environmental impacts associated with each of the activities
- Risk assess each of the environmental impacts to determine significant impacts
- Determine environmental management controls and monitoring to prevent or minimise environmental impacts

#### 5) Monitor and Review

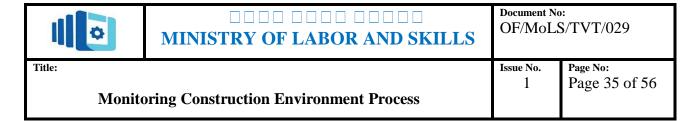
An EMP is not static. It is a working document that requires reviews and amendments during the life of the project. This section should document how the environmental management activities will be monitored and reviewed to ensure the controls are effective and applicable to the project activities.

Example of a Construction Environmental Management Plan (CEMP)

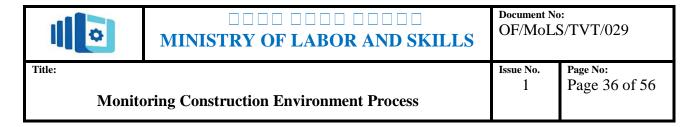
For small projects or during the construction phase of a project, the 'Implementation' section of the Plan may be organized using an issues-based format. The issues-based format involves organizing the environmental impacts, management activities and controls information under each identified environmental issue. This could be written as tables, separate sections of the Plan or separate Sub-plans.

The typical environmental issues included in a Construction Environmental Management plan.

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- Erosion
- Water quality
- Groundwater
- Air quality
- Flora and fauna
- Rehabilitation
- Indigenous heritage
- Noise vibration
- Waste



For large projects carried out over extended periods, the 'Implementation' section of the EMP may be developed using a stage-based format. This involves documenting the environmental issues and control measures for each stage of a project. For example, the planning and design stage, the construction stage and the operational stage. Typically these stages would be developed as separate plans.

#### Self-check 2.1

**Directions:** Answer all the questions listed below.

#### Part I: Choose the correct answer from the given alternatives

- 1. Which of the following is NOT a source of environmental data?
  - A) Statistical surveys
  - B) Remote sensing
  - C) Social media posts
  - D) Monitoring systems
- 2. What is the purpose of ongoing project evaluation?
  - A) To finalize project budgets
  - B) To monitor progress and make timely adjustments
  - C) To create marketing materials

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- D) To establish project goals
- 3. What type of monitoring assesses air pollutants in real-time?
  - A) Soil monitoring
  - B) Water quality monitoring
  - C) Air environment monitoring
  - D) Biodiversity monitoring
- 4. Which method is used for passive air sampling?
  - A) Grab sampling
  - B) Diffusion tubes
  - C) Composite sampling
  - D) Manual air quality stations
- 5. What is a key feature of effective environmental data collection software?
  - A) High cost
  - B) Complexity in configuration
  - C) Real-time data upload capability
  - D) Limited connectivity options

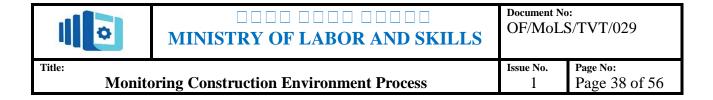
#### Part-II: fill in the blank

6.	Environmental data can include information such as, climate monitoring,			
	and water quality analyses.			
7.	Remote sensing provides valuable datasets for monitoring, water bodies, and forest cover.			
8.	In project evaluation, the phase focuses on analyzing outcomes and			
	lessons learned after project completion.			
9. Monitoring air quality is essential for compliance with national				
	regulations regarding pollution levels.			
10.	The two main types of soil sampling are sampling and composite sampling.			
11.	Effective data collection software should be user-friendly and to ensure			
	ease of use and implementation.			

#### Part III: short answer

- 12. What is the primary purpose of environmental data gathering systems?
- 13. Name two sources of environmental data that utilize satellite technology.
- 14. How does ongoing evaluation benefit project management during the project lifecycle?
- 15. What are two common methods of water environment monitoring?
- 16. Explain the significance of biodiversity monitoring in environmental assessments.
- 17. What role does feedback play in the ongoing evaluation process?

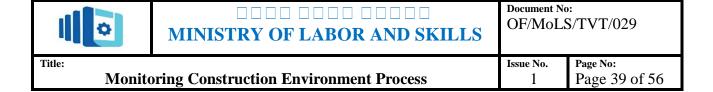
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**Unit Three: Monitoring construction environmental process** 

This unit is developed to provide you the necessary information regarding the following content coverage and topics:

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This unit is developed to provide you the necessary information regarding the following content coverage and topics:

- Construction environmental Feedback system
- Monitoring construction environment
- Regular environmental monitoring
- Emergency response in environmental planning

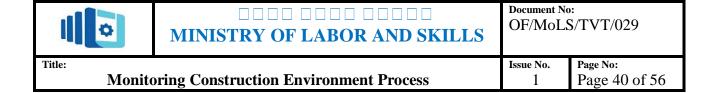
This unit will also assist you to attain the learning outcomes stated in the cover page. Specifically, upon completion of this unit, you will be able to:

- Understand construction feedback system
- Analyses feedback for improvements
- Conduct regular monitoring
- Document and report findings
- Ensure contractor compliance

## 3.1. Construction environmental Feedback system

Feedback is a critical component of organizational success. It serves as a mechanism for continuous improvement fosters a culture of open communication, and helps align employee performance with company goals. However, creating an effective feedback system is not just about giving and receiving feedback; it's about building a structured process that promotes constructive dialogue, accountability, and professional growth. This comprehensive guide

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will explore the key elements of creating an effective feedback system in your organization, covering the types of feedback, methods of delivery, best practices, and common challenges. Feedback is essential for several reasons:

- Performance Improvement: It helps employees understand their strengths and areas for development, leading to enhanced performance.
- Employee Engagement: Regular feedback fosters a sense of involvement and investment in the company's success, increasing engagement and job satisfaction.
- Alignment with Goals: Feedback ensures that employees' work aligns with the organization's objectives, helping to achieve strategic goals.
- Career Development: Constructive feedback provides employees with the insights needed to advance in their careers and develop new skills.
- Building a Positive Culture: An open feedback culture encourages transparency, trust, and mutual respect within the organization.

To achieve these benefits, it's crucial to design a feedback system that is consistent, fair, and aligned with the organization's values.

## **3.1.1** Types of Feedback

Effective feedback systems incorporate various types of feedback, each serving a unique purpose:

#### 1. Formal Feedback:

Performance Reviews: Regularly scheduled assessments that evaluate an employee's performance over a specific period. These reviews often involve a comprehensive evaluation of achievements, strengths, and areas for improvement.

360-Degree Feedback: A holistic approach where feedback is gathered from multiple sources, including peers, subordinates, supervisors, and sometimes even customers. This provides a well-rounded view of an employee's performance and behavior.

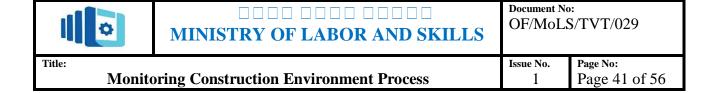
#### 2. Informal Feedback:

Ad-Hoc Feedback: Spontaneous feedback given during day-to-day interactions. It is often immediate and specific, addressing a particular action or behavior.

Check-Ins: Brief, informal meetings between managers and employees to discuss progress, challenges, and goals. These can be scheduled regularly or as needed.

#### 3. Positive Feedback:

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Recognizes and reinforces desired behaviors and achievements. Positive feedback motivates employees and boosts morale, reinforcing the actions and attitudes that align with organizational values.

#### 4. Constructive Feedback:

Focuses on areas for improvement Constructive feedback should be specific, actionable, and delivered with the intent to help the employee grow and succeed.

#### 5. Peer Feedback:

Feedback exchanged between colleagues at the same level. Peer feedback can provide insights into teamwork, communication, and collaboration skills.

## **3.1.2** Designing an Effective Feedback System Creating an effective feedback system involves several key steps:

**Define the Objectives** clearly define the objectives of your feedback system. What do you hope to achieve? Common objectives include improving performance, developing skills, aligning employee actions with company goals, and fostering a positive work environment.

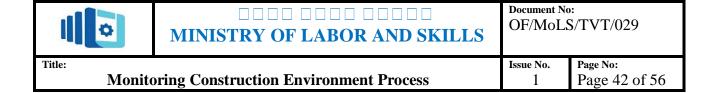
**Establish Clear Guidelines and Expectations set** clear guidelines for giving and receiving feedback. This includes defining the types of feedback, the frequency of feedback sessions, and the criteria for evaluations. Ensure that all employees understand these guidelines and the purpose behind them.

Choose the Right Tools and Platforms Select tools and platforms that facilitate effective feedback. This could include performance management software, feedback forms, or online platforms that allow for anonymous feedback. The right tools can streamline the feedback process and make it easier for employees to participate.

**Train Managers and Employees** Provide training to managers and employees on how to give and receive feedback effectively. This training should cover topics such as active listening, framing constructive feedback, and handling difficult conversations. Training helps ensure that feedback is delivered in a constructive and respectful manner.

**Encourage a Feedback Culture** Foster a culture where feedback is seen as a valuable tool for growth and improvement, not as criticism. Encourage openness and transparency, and make it clear that feedback is a two-way street. Employees should feel comfortable giving feedback to their peers and supervisors as well as receiving it.

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**Implement a Structured Process** develop a structured process for giving and receiving feedback. This process should include regular performance reviews, informal check-ins, and opportunities for peer feedback. A structured process ensures consistency and fairness in the feedback system.

**Monitor and Evaluate the System** Regularly monitor and evaluate the effectiveness of the feedback system. Collect feedback from employees about the process and use this information to make improvements. An effective feedback system should be dynamic and adaptable to changing organizational needs.

## **3.1.3** Best Practices for Giving and Receiving Feedback

## **Be Specific and Actionable**

Feedback should be specific and focused on observable behaviors or outcomes. Avoid vague statements and instead provide concrete examples. For instance, instead of saying "You need to communicate better," say "I noticed in the last meeting that your point wasn't clear to the team. It might help to summarize your main points at the end."

#### **Balance Positive and Constructive Feedback**

Strive for a balance between positive and constructive feedback. Acknowledging successes is just as important as addressing areas for improvement. This balance helps maintain employee morale and motivation.

#### Focus on Behavior, Not the Person

When providing constructive feedback, focus on specific behaviors or actions rather than personal characteristics. This approach helps avoid defensiveness and keeps the conversation focused on professional development.

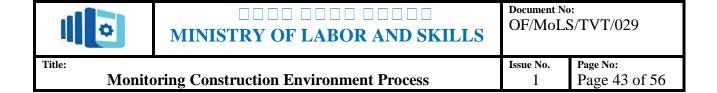
### Use the "SBI" Model

The Situation-Behavior-Impact (SBI) model is a useful framework for providing feedback. Describe the situation, the specific behavior, and the impact of that behavior. For example, "In yesterday's team meeting (Situation), you interrupted several times (Behavior), which made it difficult for others to share their ideas (Impact)."

#### **Create a Safe Environment**

Ensure that feedback sessions take place in a private and comfortable setting. A safe environment encourages open and honest communication. Managers should also demonstrate empathy and understanding during these sessions.

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## **Encourage Self-Reflection**

Encourage employees to reflect on their performance and identify areas for improvement. Self-reflection can lead to more meaningful and productive feedback conversations.

## Follow Up and Support Development

After giving feedback, follow up to support the employee's development. This could involve setting goals, providing additional resources or training, and regularly checking in on progress. Follow-up demonstrates a commitment to the employee's growth and development.

## **Respect Anonymity (When Appropriate)**

In some cases, such as 360-degree feedback, it may be appropriate to keep feedback anonymous to encourage honest and candid responses. However, ensure that anonymity does not become a barrier to open communication.

## 3.2. Monitoring construction environment

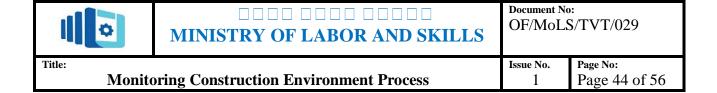
It may be necessary for monitoring to be undertaken to determine whether construction activities are impacting on the environment.

Preparation of a monitoring plan as part of a CEMP ensures the monitoring is conducted effectively and consistently and will deliver reliable, good quality data. Monitoring, in the broad sense, can also include visual evidence as well as a complaints register.

#### The monitoring plan in a CEMP should include the following:

- the monitoring objective
- the criteria against which monitoring results will be assessed
- the quantity and nature of emissions monitored
- description of the receiving environment
- a map showing the sampling locations (including control site locations), major infrastructure and sensitive environmental receptors
- the sampling times and/or frequency
- parameters to be measured and analysed, including analytical method
- sampling procedures including sampling methods and equipment, calibration procedures, filtering, decontamination and preservation techniques
- quality assurance systems, including quality control samples (eg blanks and duplicates)

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- the method and frequency of reporting (internally, to the relevant authority and the EPA)
- a feedback loop from monitoring to corrective actions so that issues arising from monitoring drive the necessary corrective actions.

## 3.3. Regular Environmental monitoring

These types of occurrences can lead to three forms of contamination:

#### 1. Air Contamination

In environmental emergencies usually involve hazardous chemicals. Some of them are invisible to the naked eye and can spread in the air, intoxicating people in the area and leading to consequences such as respiratory diseases, among other health problems.

### **Pollution Prevention**

The following hierarchy of control should apply for pollution caused as a consequence of construction activities:

**Prevention** – Prevent environmental harm in the first place rather than having to remediate or make good environmental problems once they have occurred.

**Example** – Prevent the pollution associated with the transport of backfill material to the construction site by reusing spoil excavated from the site.

**Monitoring** – Where pollution cannot be prevented it must be managed within controlled environmental limits or limit values.

**Example** – Monitor CO2 emissions from diesel plant providing temporary power on the construction site to ensure that environmental limits are not exceeded

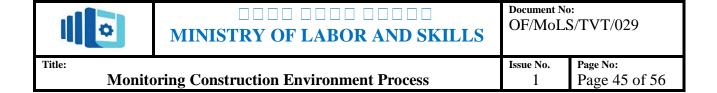
'End of Pipe' Solutions – Where environmental limits are exceeded, then 'end of pipe' solutions are required to protect the environment.

**Example** – Establish Water treatment for contaminated liquid waste prior to discharge into controlled waters.

It must be noted that these solutions are usually expensive and it is much more cost effective and efficient to prevent the contaminated liquid waste being generated in the first place Taking simple steps to prevent pollution incidents during the construction process will save you money and protect the environment.

Pollution incidents occur every day as a result of spills, accidents, negligence or vandalism. Pollutants can put human health at risk and destroy wildlife habitats.

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In law, the polluter pays principle means that you will have to pay to put right any damage to the environment. This can be avoided with careful planning and following good practice on- site.

#### 2. Water contamination

In accidents with road tankers transporting fuel, for example, the product may leak from the tank due to the impact. If there is a river close to the accident, its water is likely to be contaminated, which can generate social impacts in case a nearby community is supplied by this river. Anyway, even without the presence of water bodies around, the leaked substances may percolate through the soil and reach the groundwater table and contaminate the water.

#### **Water Pollution Prevention**

Consideration needs to be given on site to drainage and preventing water pollution. Two types of drains will be required on site - foul drains and surface water drains.

Foul water can be connected into an existing foul drainage system but will need prior agreement with the water company. Alternatively foul water can be collected in tanks and shipped off site by tanker. Care needs to be taken when transferring foul water from the tank to the tanker to prevent spillage.

Surface water is normally clean and surface water drainage normally leads directly to local rivers and streams or soak away. Problems arise when contaminants are washed down clean water drains.

If you are going to make a discharge to surface water (for example to a river, stream, estuary or the sea), or to groundwater (including via an infiltration system), you will usually need to apply for a permit or an exemption before construction begins. Due to limited water supplies, you will also need to follow our guidance for water abstraction.

- Managing groundwater
- Managing concrete wash water

## 3. Soil Contamination

In any type of accident in which chemicals have contact with the soil, be it a road or a location near woods, contamination occurs. It is necessary to employ remediation techniques to clean up the area and mitigate the environmental impacts on that region, as they can impair its fauna and flora.

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#### 3.4. emergency response in environmental planning

Responding to emergencies is no easy task. It is required that the professionals are fully trained and that the company enjoys large experience in the market to develop its own protocols defining the step-by-step procedure of a good emergency response service. We have chosen some tips on how to respond to environmental emergencies efficiently.

#### A. Emergency Centre

The emergency centre team receives the accident report and needs to identify the scenario through analysis by experts. The objective is to understand the type of occurrence and gather as much information as possible. Emergency response professionals are called in to head to the accident site. While on the way, the emergency center continues to request information to define the most appropriate response framework.

### B. The team at the emergency site

Upon arriving at the incident, the professionals make a new assessment of the scenario to define the placement of the vehicles and the team members. For that, it takes into account, among other aspects, the terrain slope, wind direction and the safe distance from the accident, according to the chemical involved.

Determining the wind direction is extremely important to protect the response team, since, in case gaseous chemicals are present, it is necessary to place the team members upstream of the wind to prevent the substance from reaching them.

After that, the emergency response plan is set up, marking the position of the hot, warm and cold zones.

#### Hot zone

It is the area where the product leaked or spilled and to which access is restricted to emergency teams.

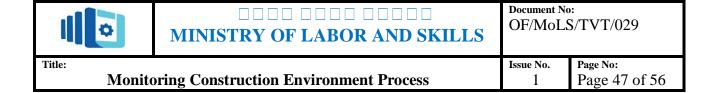
#### Warm zone

In this area, a Contamination Reduction Corridor (CRC) is set up to establish the transition between the hot and cold zones.

#### Cold zone

In the cold zone, the entire operation support is installed together with the command post.

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All emergency response planning is defined together with the public authorities that participate in the process and possibly with a representative of the company or institution that caused the accident.

#### C. operator protocols, equipment and materials required

The teams then begin to prepare the operators' safety protocols observing the degree of risk caused by the chemical to define which Personal Protective Equipment (PPE) and Collective Protection Equipment (CPE) will be used in the action. Also, the response team decides which equipment and materials are required, and then the response process starts.

#### D. Waste Management

After some emergency response operations are completed, there may be a need to handle the waste generated. It is necessary to collect it and make equipment available for transportation to companies specialized in waste management. Then, it is necessary to issue the mandatory documents and the certificate of final disposal of waste.

#### E. Personal Protective Equipment

The types of PPE utilized are also very important for emergency response. There are skin and respiratory protective equipment, and each one has safety levels.

<u>Level A</u> It is the most complete type, in which the professional is free from contact with any external interference through the clothing. It is used in emergencies involving substances that are in general more toxic and cause the emission of hazardous gases. The oxygen cylinder needs to be encapsulated within the suit, after which the Respiratory Protection Equipment (RPE) is positioned.

<u>Level B</u> It is a semi-encapsulated suit, i.e., that allows the breathable air cylinder to be placed on the outside.

<u>Level C</u> It is the type of clothing coated with chemical protection, to be used together with masks equipped with breathing filters. This type of PPE is used in environment disinfection services such as, for example, against the new corona virus.

<u>Level D</u> It is a type of work wear that complies with safety standards, such as uniforms, safety footwear and helmets. This type of PPE is used routinely and in low-risk situations.

## 3.3.1. Difficulties in emergency response

Incidents involving chemicals – whether hazardous or not – are always extremely complicated, as professionals need to identify which substances are present and act quickly

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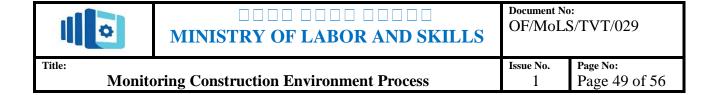
to minimize or avoid environmental impacts. One of the difficulties of emergencies arises when the chemicals are invisible to the naked eye and odorless.

In such cases, the team needs to use equipment that measures the concentration of gases in the air. However, when more than one type of chemical product is involved, they may mix and, due to chemical incompatibility, cause reactions that generate new substances with different physical, chemical and toxicological characteristics than those of the chemicals initially involved.

Another difficulty that happens is obtaining accurate information about the accident and the position of the equipment that caused the problem. In some cases, they are found at the bottom of streams or places that complicate the removal and the emergency response.

Responding to environmental emergencies is a complex task that involves several professionals and requires action protocols as well as compliance with technical and international standards.

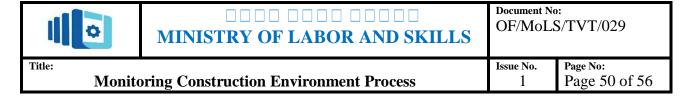
Prevention is always the best answer it is highly recommended that companies that are subject to environmental emergencies always have an Emergency Action Plan (EAP). It provides a set of guidelines, information and data for adopting strategic procedures in the event of an accident. This makes operational teams' response more agile and able to provide a higher quality service based on defined protocols. This type of document analyzes the company's facilities and predicts the accidents that are likely to happen. Thus, it is possible to define the emergency response actions, reducing environmental impacts and the response time.



#### Self-check 3.1

36	II-CHECK 5.1	
Di	rections: Answer all the questions listed below.	
Pa	rt I: Choose the appropriate answer from the given	alternatives.
1.	What is the primary purpose of feedback in an organi	zation?
	<ul><li>A) To criticize employee performance</li><li>B) To facilitate continuous improvement</li></ul>	<ul><li>C) To avoid communication</li><li>D) To increase competition among employee</li></ul>
2.	Which type of feedback involves evaluations from m supervisors?	ultiple sources, such as peers and
	A) Ad-Hoc Feedback	C) Positive Feedback
	B) 360-Degree Feedback	D) Informal Feedback
3.	What is one of the best practices for giving feedback	?
	A) Provide vague statements	C) Use the SBI model
	B) Focus on personal traits	D) Avoid follow-up
4.	What should feedback ideally promote within an orga A) Fear of criticism	anization? C) Increased hierarchy
	B) A culture of transparency and trust	D) Isolation among employee
5.	Which of the following is a key step in designing an e	effective feedback system?
A)	Avoiding training for managers	
,	Establishing clear guidelines and pectations	
C)	Ignoring employee input	
	Reducing the frequency of dback sessions	

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## Part-II: Answer the following question accordingly

- 1. Define constructive feedback and explain its importance in the workplace.
- 2. What are the benefits of a feedback culture in an organization?
- 3. Describe the SBI model for giving feedback.
- 4. Why is it important to balance positive and constructive feedback?
- 5. How can organizations monitor and evaluate their feedback systems?
- 6. What role does anonymity play in feedback systems?

### Case Study 3.1

Operation Title: Air Quality Management at Urban Construction Site

## 1: Background:

Green Build Corp. is a construction company undertaking a large urban development project. The project site is located in a densely populated area, raising concerns about air quality due

to potential dust and emissions from construction activities.

**Actions Taken:** The company implemented a comprehensive Environmental Management Plan (EMP) that includes specific measures to control particulate matter and other air pollutants.

They installed dust suppression systems, such as water sprays and dust barriers, and mandated the use of low-sulfur fuels in construction vehicles.

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Regular air quality monitoring was established, and workers were trained on best practices for minimizing emissions.

**Outcome:** After six months of implementation, air quality monitoring showed a significant reduction in particulate matter levels, leading to fewer complaints from local residents and improved health outcomes for workers.

## **Discussion Questions:**

- 1. What specific measures did Green Build Corp. take to manage air quality?
- **2.** How did the implementation of the EMP benefit both the company and the local community?
- **3.** What challenges might Green Build Corp. face in maintaining air quality standards throughout the project?

## Case Study 2:

Water Pollution Prevention in Industrial Operations

**Background**: Eco Chem Industries, a chemical manufacturing plant, faced scrutiny due to concerns about wastewater management and its impact on local water bodies. The plant discharges treated effluents into a nearby river, which is a source of drinking water for the community.

**Actions Taken**: EcoChem developed an updated Environmental Management Plan that included advanced wastewater treatment technologies and stricter monitoring of effluent quality.

They invested in a secondary treatment process to remove heavy metals and chemicals from their wastewater.

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Community engagement initiatives were launched to keep the public informed about water quality and safety measures.

**Outcome:** Post-implementation testing showed a marked improvement in the quality of discharged water, which met regulatory standards. Community trust was rebuilt, and EcoChem gained recognition for its commitment to environmental stewardship.

## **Discussion Questions:**

- 1. What steps did EcoChem Industries take to prevent water pollution?
- 2. How did community engagement play a role in EcoChem's environmental management strategy?
- 3. What ongoing challenges might EcoChem face in ensuring water quality compliance?

## Case Study 3:

## Noise Pollution Management in Urban Development

**Background:** UrbanSpace Developers initiated a large-scale residential project in a suburban area. However, the construction activities raised concerns about noise pollution affecting nearby residents.

**Actions Taken:** The company created an Environmental Management Plan that included noise mitigation measures, such as using quieter machinery and scheduling construction activities during less disruptive hours.

They planted trees and installed noise barriers to further reduce sound transmission to surrounding areas.

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Regular noise level assessments were conducted, and residents were invited to provide feedback.

**Outcome**: By actively managing noise pollution, UrbanSpace Developers reduced complaints from residents and maintained a cooperative relationship with the community, leading to smoother project execution.

#### **Discussion Questions:**

- 1. What noise mitigation strategies were employed by UrbanSpace Developers?
- 2. How did the company address community concerns regarding noise pollution?
- 3. What lessons can be learned from this case study regarding the importance of stakeholder engagement in environmental management?

## Reference

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- 2. Environmental Science: A Global Concern by William P. Cunningham and Mary Ann Cunningham
- 3. Introduction to Environmental Engineering by Mackenzie L. Davis and David A. Cornwell
- 4. Pollution Prevention: The Ultimate Solution by Michael J. Cohen

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- 5. Environmental Management Systems: Strategies and Practices by J. A. M. de Lange
- 6. Sustainable Development: Linking Economy, Society, Environment by P. Bhattacharya
- 7. Handbook of Environmental Engineering edited by Myer Kutz

#### **URL**

- 1. **A Dictionary of Environmental History** by Ian Whyte Link to Book
- 2. **Dictionary of Environment and Ecology** by Peter Collin Link to Book
- 3. **Conservation and Environmentalism** by Robert C. Paehlke Link to Book



# MINISTRY OF LABOR AND SKILLS

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**Monitoring Construction Environment Process** 

Issue No.

Page No: Page 55 of 56

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